## **PUBLIC PROGRAMS**

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

## **UPCOMING EVENTS**

- Apr 2-4 Spring Siesta Water Polo Tournament
- Apr 10-11 US Masters PNW Swimming Championship
- Apr 17 Washington Special Olympics Swimming Regionals
   Apr 20 April Pools Day Community Activity Swim & 20th year Anniversary Celebration
- Apr 24-25 Dick LaFave Long Course Kickoff Swim Meet
- May 1-2 May Flowers Swimming Invitational
- May 8 Regional Remote Control Vehicles Student Champs
- May 14-16 Pacific Coast Swimming Invitational
- May 28-30 WA State Girls High School WP Championships - Jun 5-6 WA State Special Olympics Swimming Champs



### **Weyerhaeuser King County Aquatic Center**

650 SW Campus Drive, Federal Way, Washington 98023-8425 Seattle (206) 296-4444 Tacoma (253) 927-5173 Visit our website at <a href="www.king.county.gov/recreation/parks">www.king.county.gov/recreation/parks</a>

# **Weyerhaeuser King County Aquatic Center**

650 SW Campus Drive Federal Way, WA 98023-8425 Weyerhaeuser King County Aquatic Center



**Spring Schedule April 5 - June 18, 2010**Seattle (206) 296-4444
Tacoma (253) 927-5173

650 SW Campus Drive Federal Way, WA 98023-8425 www.kingcounty.gov/recreation/parks

## **Recreation Pool**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events	Special Events and Activities
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise	and Activities	
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30	11:30-1:30 Public Swim
11:30- 12:30	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim **	Public Swim	
12:30- 1:30	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals				
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim *						

<sup>\*</sup> Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

#### **SWIMMING LESSONS**

Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's) Evening Session (1/2 hr, 4:30-7:30pm (MW's, TTh's)

Monday & Wednesdays

**Tuesday & Thursday** 

Apr 19 - May 12 (8 lessons) \*May 17 - June 16 (9 lessons) Apr 20 - May 13 (8 lessons) May 18 - June 17 (10 lessons)

\*no class Memorial Day Monday, May 31st

### **CANCELED SWIMS**

Apr 17 (WA State Special Olympics, Regional), Jun 5-6 (WA State Special Olympics, State)

## **TELEPHONE RELAY SERVICE: 711**









<sup>\*\*</sup> During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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# **Spring Schedule April 5 - June 18, 2010**

Seattle (206) 296-4444 Tacoma (253) 927-5173

# **Competition Pool**

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am- 8:00	Lap Swim*				
11:30- 1:30	Lap Swim*				
4:00- 6:30	Team Training				
6:30- 8:00	Team Training				
8:00- 10:00	Team Training				

<sup>\*</sup> To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

<b>Canceled Swims:</b>		Events:
Apr 3-4	11:30-1:30	Spring Siesta Water Polo Tournament
Apr 10-11	11:30-1:30	US Masters PNA Swimming Championship
Apr 17	11:30-1:30	Washington State Special Olympics Regionals
Apr 18	11:30-1:30	April Pools Day Community Activity Swim &
		20th Anniversary Celebration
Apr 24-25	11:30-1:30	Dick LaFave Long Course Kickoff Swim Meet
May 1-2	11:30-1:30	May Flowers Swim Meet
May 8	11:30-1:30	Regional Remote Control Vehicles Student Champs
May 14-16	11:30-1:30	Pac Coast Swimming Invitational
May 28-30	11:30-1:30	WA State Girls High School WP Champs
June 5-6	11:30-1:30	WA State Special Olympics Swimming Championships
June 12-13	11:30-1:30	Summer Spectacular
June 26-27	11:30-1:30	West Coast Invitational



### 2010 POOL FEES

### **LESSONS**

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

### **GENERAL ADMISSION (Tax Included)**

Recreation Pool:		<b>Competition Po</b>	ol:	
Rec Pool Family Swim**		Comp Pool Lap Sv	vim	\$5.00
All participants	\$3.25	Sr Citizen (62+) \$	People w/Disabilities	\$3.75
Public Swim**				
Children, Adults & Sr Citizens	\$3.25			
People w/Disabilities	\$3.25			
Rec Pool Adult & Senior Lap Swim				
Adult	\$5.00	Low Impact Wa	iter Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.75	Adult	\$6.25 - 10-visit Card	\$56.25
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.75

### RENTALS

Great for birthday parties, p	rivate groups and bus	iness meetings. Scheduled during non	-program hours.
Rec Pool, 1-25 people	\$115.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$145.00/hour	Lobby Rental	\$89.00/hour + staffing & deposits

#### **POOL PASSES**

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

## **GIFT CERTIFICATES**

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE:









Each child younger than 6 yrs old must each be accompanied in the water by an adult
 All children must be accompanied in the water by an adult during Family Swims (one adult per three children)